

Fall 2019 Schedule

OCTOBER

Saturday, Oct. 5 – Yoga

Saturday, Oct. 12 – Hike

Sunday, Oct. 13 – Hospitality

Saturday, Oct. 19 – Yoga

Saturday, Oct. 26 – Hike

Cathedral Rock, Brown's Ranch Trailhead

NOVEMBER

Saturday, Nov. 2 – Yoga

Saturday, Nov. 9 – Hike

Mormon Trail, South Mountain

Sunday, Nov. 10 – Hospitality

Saturday, Nov. 16 – Yoga

Saturday, Nov. 23 – Hike

Coyote Canyon, Granite Mountain Trailhead

Saturday, Nov. 30 – Thanksgiving Weekend

DECEMBER

Saturday, Dec. 7 – Yoga

Sunday, Dec. 8 – Hospitality

Saturday, Dec. 14 – Jingle Bell Hike

Marcus Landslide, Tom's Thumb Trailhead

Saturday, Dec. 21 & 28 – Christmas Break

Worship N Flow Yoga is held in the Fellowship Hall from 9 a.m. til 10 a.m. (note new time)

Contact Info:

New Covenant Lutheran Church

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