

Winter 2019 Schedule

JANUARY

Saturday, Jan. 4 – Yoga

Saturday, Jan. 11 – Hike

Go John Trail

Sunday, Jan. 12 – Hospitality

Saturday, Jan. 18 – Yoga

Saturday, Jan. 25 – Hike

Tom's Thumb

FEBRUARY

Saturday, Feb. 1 – Yoga

Saturday, Feb. 8 – Hike

With breakfast at Becky's

Sunday, Feb. 9 – Hospitality

Saturday, Feb. 15 – Yoga

Saturday, Feb. 22 – Hike

Granite Mountain Loop

Saturday, Feb. 29 - Open

MARCH

Saturday, Mar. 7 – Yoga

Sunday, Mar. 8 – Hospitality

Saturday, Mar. 14 – Hike

Andrew-Kinsy Trail (Adero Canyon Trailhead)

Saturday, Mar. 21 – Yoga

Saturday, Mar. 28 – Hike

South Mountain

Worship N Flow Yoga is held in the Fellowship Hall from 8:45 a.m. til 10 a.m.

Contact Info:

New Covenant Lutheran Church

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