

Daily Dedication Options



Participate in Northeast Valley Consortium wide activity

- Transfiguration Sunday Pew Exchange and 40-40-40- Kickoff and Registration, March 2.
- Mid-Lent Fundraiser Walk for Water on World Water Day, March 22 @ 9 a.m., Gateway Trail Head in the McDowell Sonoran Preserve, 18333 Thompson Peak Parkway, Scottsdale.
- Closing Maundy Thursday worship at Spirit in the Desert, April 17 @ noon, 7415 Elbow Bend Road, Carefree.



Attend mid-week Lenten worship with your congregation or visit another



Walk and meditate at Spirit in the Desert Retreat Center

- Islands of Silence- : Seven stops along a 1/5 mile path for meditation and reflection on your faith journey. Audio-guided meditation option available.
- Labyrinth in the Desert:- A one way walk to relax, meditate and rest your mind.
- Campbell Prayer Pathway:- Path is based on "The 7 Steps of Morning Prayer" from Joyce Rupp's meditation book, *Out of the Ordinary*. You will find 7 stones, each inscribed with a word of wisdom or guidance for reflection. Recorded music is available to enhance the experience, if desired.



Visit Canaan in the Desert: www.canaaninthedesert.com

- *"A sanctuary of peace and blessing. A place to meet God."*
9849 N. 40th St, Phoenix, AZ 85028 (602)996-4040



Organize a wash or watershed clean-up in your area.



Visit the Christ the Lord Labyrinth

- A quiet space for reflection and prayer, 9205 E. Cave Creek Rd., Carefree

Daily Diligence Options



1. **Drink plenty of water to maximize health.**
2. **Drink water rather than sugared or artificially sweetened products.**
3. **Give up single-use water bottles.**
4. **Donate clean, reusable water bottles to your church or the NEVC water walk (they will be given to persons experiencing homelessness to reduce use of single-use bottles).**
5. **Enjoy water: commit to swim daily or on a regular schedule during Lent 2025. Commit to a daily “hot-tub” meditation or reflection.**
6. **Enjoy water: take grandkids or other youth to a local splash pad. Treasure the fun together.**
7. **Enjoy water: visit Fountain Lake, Lake Saguaro, Lake Pleasant, Apache Lake, Bartlett Lake, Roosevelt Lake, or other lakes in the greater Phoenix area/Northeast Valley. Celebrate the beauty of the Lord that you find there.**
8. **Take shorter showers.**
9. **Set laundry and/or dishwasher settings to water economical settings.**
10. **Water plants sufficiently, but economically (e.g., switch from sprinkling to drip systems).**
11. **Turn off the faucet while brushing teeth or other daily personal cleansing.**
12. **Repair drippy faucets, toilets that run, or home water wasters.**
13. **Learn about water projects in your area:**
 - a. **Managing water and drought in the Arizona desert | SRP.**
 - b. **Phoenix Water Smart.**
14. **Learn about ELCA water projects:**
 - a. **Navajo Evangelical Lutheran Mission at Rock Point.**
 - b. **ELCA Good Gifts: WATER | ELCA Good Gifts.**
 - c. **Walk for Water Video - Download - ELCA Resources.**
15. **Pray for Rain: “Lord, give me peace and assurance that You will bring the needed rains. Help me to trust in You and find rest and assurance that You always provide. In Your holy name, I pray. Amen.”**